



Supporting Student Resilience in the Nursing Classroom

2018 Alabama State Nursing Association Resolution

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- WHEREAS The Alabama State Nursing Association has been among the first to respond to needs of our nation through increasing awareness of nursing education needs and advocating for schools of nursing, and
- WHEREAS National data trends reflect a growing concern on many college campuses about students' ability to "bounce back" after difficult experiences and disappointments, and
- WHEREAS Growing numbers of undergraduate nursing students and faculty (nearly 62%) report experiencing academic incivility, and
- WHEREAS Exposure to incivility may lead to a decrease in student participation in the classroom resulting in failure, poor attrition, stress, anxiety, depression, and lack of self-esteem, and
- WHEREAS Incivility which begins in the classroom has been shown to more frequently result in professional nurses who are "uncivil," which has been shown to contribute to nurse burnout and poor patient outcomes; and
- WHEREAS ANA's Code of Ethics for Nurses with Interpretive Statements states that nurses are required to "create an ethical environment and culture of civility and kindness, treating colleagues, co-workers, employees, students, and others with dignity and respect," and
- WHEREAS ANA states, "Best practice strategies based on evidence must be implemented to prevent and mitigate incivility, bullying, and workplace violence; to promote the health, safety, and wellness of registered nurses; and to ensure optimal outcomes across the health care continuum," *therefore may it be*
- RESOLVED That the Alabama State Nursing Association advocates a course of action to institute a zero-tolerance policy on incivility within nursing and nursing education, through methods such as development of a position paper with a follow-up article in *The Alabama Nurse*; and be it further

- RESOLVED That the Alabama State Nursing Association advocates a course of action to develop, promote, and implement teaching strategies through methods such as establishing a task force, perhaps inviting representatives from other nursing association involved in nursing education (e. g. ACAPNEP, Alabama League of Nurses, etc.). Strategies to be developed include those:
- 1) that can be used to support student resilience while keeping academic standards high,
 - 2) that can be adopted into existing course assignments and classroom environments, as well as within programs, departments, and institutions to effectively prepare students to be competent, resilient, innovative problem-solvers.

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