

oElizabeth A. Morris Clinical Education Sessions
– FACES ‘18
Tuesday, April 17, 2018
Eastmont Baptist Church
Montgomery, AL

7:15 – 8:00 AM
REGISTRATION

8:00 – 9:00 AM
PLENARY A

PLENARY A – Intraprofessional Communication– – Dr. Arlene Morris

The session will explore intraprofessional communications and how this can promote positive patient outcomes.

9:15 – 10:00 AM
BREAK

10:00 – 11:00 AM
PLENARY B

PLENARY B Mental Health in Alabama - Lynn Beshear, RN, Alabama Dept. of Mental Health Commissioner

This session will examine the status of mental health in Alabama, both what is positive and where we need to focus efforts to provide the best care.



11:00 – 11:15 AM
BREAK

11:15 AM – 12:15 PM
SESSION A

AANS A – How to Pass the NCLEX® - Stuart Misner, MSN, ACNP-BC, HURST Review Services (No CE credit will be awarded for this session)

At the conclusion of the presentation, the participant should be able to:

1. Summarize how to pass the NCLEX®



CLINICAL 1A – Neurofeedback: A Third Treatment Option for ADHD– Dr. Beverly J. Meyers

At the conclusion of the presentation, the participant should be able to:

1. Discuss the use of neurofeedback to improve attention and behavioral control for children diagnosed with ADHD.
2. Recall two negative outcomes of over arousal of neural circuits within the brain, i.e. impulsiveness and distractibility.
3. Describe the benefits of producing more beta waves in the brain for children with ADHD.

CLINICAL 2A – Emergency Department Triage: The Other Door to Triage – Dr. Frankie Wallis, Sherichia Hardy, MPH, BSN

At the conclusion of the presentation, the participant should be able to:

1. Acknowledge the need for a “back-door” triage process.
2. Develop an understanding for an appropriate ambulance triage process to improve patient safety.
3. Identify factors related to emergency department backlogs.
4. Relate the roles and responsibilities of ambulance triage personnel.
5. Identify the socioeconomic impact on emergency

GENERAL A – Self-Directed Leadership for Nurses– Drs. Linda Gibson-Young & Loretta Forlaw

At the conclusion of the presentation, the participant should be able to:

1. Examine the matrix of Self-Directed Leadership.
2. Complete a Self-Directed Leadership questionnaire in class.
3. Develop, in class steps to move towards Self-Leadership.

OPIOIDS A – Opioid Therapy...A Whole Health Approach – Sherry Cox, Col (Ret), USAF, NC; RN-BC, MA; VA Health Coach, Joseph Moates, MD, Dr. Durinda Warren

At the conclusion of the presentation, the participant should be able to:

1. Relate the impact of Opioid crisis in the U.S.
2. Describe the effectiveness of an SMA in the reduction of Opioid therapy.

PEDIATRIC TRACT A— Charolette Jones, BSN, RN, CPN, Jennifer Williams, BSN, RN, CPN, Jennifer Glenn, CRNP, Loretta Hill, MSN, RN CPN, Jasmine Coleman, MSN, RN

At the conclusion of the presentation, the participant should be able to:

Seizures: (Lecture/Video)

1. Discuss the prevalence of epilepsy in children.
2. Identify the seizure types along with treatment.
3. Assess patient during seizure.
4. Relate the importance of the caregiver.

Seizures: (Hands On)

1. Demonstrate correct placement of patient during seizure.
2. Describe use of rescue meds during seizure.
3. Relate when to call 911.

12:15 – 1:15 PM
LUNCH

1:15 – 2:15 PM
SESSION B

PLENARY C – Annie Mae Beddow – A Pioneer Alabama Nurse - Anne Gibbons, JD

At the conclusion of the presentation, the participant should be able to:

Describe the life story of Annie Mae Beddow, a pioneer nurse in Alabama.

2:30 – 2:40 PM
BREAK

2:40 – 3:40 PM
SESSION B

AANS B – Mentoring – Dr. Marsha Cannon

At the conclusion of the presentation, the participant should be able to:

1. Explore the value and benefits of a mentor.
2. Examine mentor and mentee expectations.
3. Describe the process of developing; maintaining and terminating the mentor relationship.

ACADEMIA B Photovoice: A Classroom Critical Thinking Strategy to Increase Mental Health Stigma Awareness – Dr. Moniaree Jones & Christa Moore, MSN, RN

At the conclusion of the presentation, the participant should be able to:

1. Describe how Photovoice can be used to increase student understanding of labeling and stigma.
2. Identify potential opportunities for partnerships in incorporating stigma education into college psychology courses.
3. Relate the value of media-focused instruction, facilitated discussion and story sharing to increasing mental health awareness and in changing stigma.

CLINICAL 1B – Zika Virus Update– Dr. Lynn Chilton

At the conclusion of the presentation, the participant should be able to:

1. Examine the epidemiology, signs/symptoms, and complications of the Zika Virus.
2. Contrast methods of vector control and prevention.

CLINICAL 2B – Hazards of Electronic Cigarettes – Joy Griffith, BSN, RN

At the conclusion of the presentation, the participant should be able to:

1. Identify the hazards of using electronic cigarettes.
2. Discuss the limited effectiveness of electronic cigarettes in smoking cessation.

GENERAL B – Living Well: Self Care for Nurses – Mona Shah-Joshi

At the conclusion of the presentation, the participant should be able to:

1. Explore the benefits of self care using concepts of breathing, meditation, and yoga.

OPIOIDS B – The Role of Nurses in Addiction Care – Dr.

Mercy Ngosa Mumba

At the conclusion of the presentation, the participant should be able to:

1. Relate how nursing is relevant in the fight against the national opioid crisis.
2. Examine ways nursing can take leading role to improve patient outcomes.

PEDIATRIC TRACT B – Charolette Jones, BSN, RN, CPN,

Jennifer Williams, BSN, RN, CPN, Jennifer Glenn, CRNP,

Loretta Hill, MSN, RN CPN, Jasmine Coleman, MSN, RN

At the conclusion of the presentation, the participant should be able to:

Tracheotomy: (Lecture)

1. Describe the different types of traches and their purposes.
2. Identify reasons patients go home with traches.
3. Demonstrate home teaching (suctioning, trache change, when to call 911).

Tracheotomy: (Hands On)

1. Recreate scenarios parents go through before discharge.
2. Describe what to do when a patient comes to your facility.

RESEARCH B (Pt. 1) – Elderly as a Culture: Reducing Health Disparities Related to Increased Fall Risk – Drs.

Alice Younce & Bridget Moore

At the conclusion of the presentation, the participant should be able to:

1. Analyze the culture of the elderly as it relates to learning needs.
2. Evaluate at least three modifiable risks that place the elderly at a higher fall risk than the person <65 years old.
3. Design a teaching plan and include at least two ways to engage the elderly during fall prevention education.

RESEARCH B (Pt. 2) Childhood Obesity: Implementing a Healthy Lifestyle Program in a Rural Pediatric Clinic – Dr.

Rebecca Thompson

At the conclusion of the presentation, the participant should be able to:

1. Implement a healthy lifestyle modification program targeting adolescents age 12 – 18 with a body mass index of 85% or greater in rural pediatric clinic.
2. Evaluate the impact of the modification program targeting adolescents age 12 – 18 with a body mass index of 85% or greater in a rural pediatric clinic.
3. Determine if such health lifestyle programs can promote lifestyle change in a rural pediatric population.

**3:50 – 4:50 PM
SESSION C**

AANS C – Communicating with the Next Generation – Amy Morris, MPA, BSN, RN-BC

At the conclusion of the presentation, the participant should be able to:

1. State the different age groups that separate Millennials, Generation X and Z.
2. State three ways these generations differ from each other in their world views or what is important to them.
3. Relay a communication technique that is appropriate for patient care with Millennials, Generation X and Y.

ACADEMIA C – Evolution of Technology and Education (Social Media) – Dr. Sola Aina-Popoola

At the conclusion of the presentation, the participant should be able to:

1. Examine the effectiveness of various social media tools that enhance learning.

CLINICAL 1C – Type 2 Diabetes Mellitus in Adolescents: Use of GLP-1 – Dr. Ava Mitchell

At the conclusion of the presentation, the participant should be able to:

1. Discuss changes in glycemic outcomes of adolescent patients with Type 2 Diabetes after receiving GLP-1

CLINICAL 2C – Resuscitative Endovascular Balloon Occlusion of the Aorta (REBOA) – Dr. Frankie Wallis, India Alford, MSN, NE-BC & Michael Lovelace, RN

At the conclusion of the presentation, the participant should be able to:

1. Describe the use of REBOA in trauma resuscitation.
2. Contrast the use of REBOA versus other traditional hemorrhagic control measures.
3. Evaluate the benefits of hemorrhage control using an aortic compression device.

GENERAL C – Legendary “Notable” Nurses in Alabama’s Black Belt – Dr. Constance S. Hendricks, Keshala Barlow, RN; Tammy Blackmon, RN; Sharon Hardy, RN; Sirrea Johnson, RN; Dorene Miree, RN, Shana Sellers, RN, Cynthia West, RN, Felicia Williams, RN; Dr. Sola Aina-Popoola, Dr. Valarie Thomas, Dr. Ola Fox, & Dr. Denisha Hendricks

At the conclusion of the presentation, the participant should be able to:

1. Discuss the basic steps to establishing an assignment within the provided guidelines.
2. Describe at least one unique experience as shared by inaugural cohort and Notable Nurses.
3. Explore the connection of this assignment and the ANA initiative on “Honor A Nurse.”

OPIOIDS C – Nurse’s Role in Caring for Individuals and Families Affected by Opiate Addiction – Martha Ann Eisenberg, BSN, RN & Dr. Lisa E. Gurley

At the conclusion of the presentation, the participant should be able to:

1. Describe the impact of opioid addiction on individual and families.
2. Discuss the role of the nurse in caring for individuals and families affected by opioid addiction.

PEDIATRIC TRACT C – Charolette Jones, BSN, RN, CPN, Jennifer Williams, BSN, RN, CPN, Jennifer Glenn, CRNP, Loretta Hill, MSN, RN CPN, Jasmine Williams, MSN, RN

At the conclusion of the presentation, the participant should be able to:

Diabetes (Lecture/Video)

1. Describe the different types of Diabetes in the pediatric population.
2. Describe signs and symptoms to look for when they come to your facility.
3. Discuss treatment (Use of insulin pens and pumps).

Diabetes (Hands On)

1. Demonstrate use of insulin pens.
2. Demonstrate use of insulin pumps.
3. Demonstrate giving emergency meds (gel and injection).

RESEARCH C (Pt. 1) Keeping Patients Safe by Employing Professionalism to Negate Incivility Among Nurses – Dr. Mary Hanks

At the conclusion of the presentation, the participant should be able to:

1. Discuss the link between professional behavior and incivility and how incivility creates unsafe patient conditions in the health care environment.
2. Introduce a method to create healthy work environment for new graduate nurses and patients while maintain a culture of civility on nursing units among nursing professionals.

RESEARCH C (Pt. 2) Does a Faith-Based Breast Cancer Education Program Increase Mammography Screening in African American (AA) Women in Southeast Alabama? - Alveta Reese, MSN, RN

At the conclusion of the presentation, the participant should be able to:

1. Describe the health disparity that exists between AA women and white women in breast cancer death rates in Southeast Alabama.
2. Discuss the implementation of a faith-based breast cancer education program for AA women in Southeast Alabama.
3. Discuss the need for further research regarding the death rate differences in breast cancer among AA and white women in Southeast Alabama.

POSTER SESSIONS:

- 1. Clinical Judgement Scripts as a Strategy to Foster Clinical Judgment** – Cheryl B. Hines, RN, EdD, CRNA
- 2. Depression in Middle Aged Adults to Elderly: A Comparison and Contrast of Treatment** – Takiffany McLeod, BSN, RN, Troy University MSN Student
- 3. Full Practice Authority for Nurse Practitioners in Underserved Populations** – Shekina Dillon, BSN, RN, Troy University FNP Student
- 4. Childhood Obesity: Implementing a Healthy Lifestyle Program in a Rural Pediatric Clinic** – Rebecca Thompson, DNP, APRN, FNP-BC
- 5. The Impact of a Computer-Based Digital Platform on Health Assessment Skills of Online Master of Science in Nursing Graduates** – Tomeka Mechell Royster, PhD, DNP, FNP-BC
- 6. Depression/Teenage Suicide** – Jessica Allison, Annie Blankenberg, Alisa Jackson, Jamie Jones, Cody Oliver, Brandy Sawyer, Terra Taylor, Chattahoochee Valley Community College ADN Students
- 7. Why there is an Increasing Incidence of Childhood Obesity in the United States** – Tammy Carey, Sharnnett Davis, Shanna Doty, Richard Garland, Calista Smith, Alicia Spearman, Nou Whitehorse, Sandra Wilson, Chattahoochee Valley Community College ADN Students
- 8. Substance Abuse in Children** – Ansley Brawner, Haleigh Forsyth, Mark Franklin, Christopher Jenkins, Sasha Rivera, Sara Rountree, Morgan Shaeffer, Samantha Wheeler, Chattahoochee Valley Community College ADN Students
- 9. Autism** – Veoia Dowdell, Latavia Norris, Curtis Peeler, Chattahoochee Valley Community College ADN Students
- 10. Type I Diabetes** – Ashley Cook, Angela Edmond, Lindsay Ellis, Jessica Elswick, Jaquita Frazier, Temyella Hunter, Meagan Lord, Chattahoochee Valley Community ADN Students
- 11. Pediatric Safety** – Vanessa Centeio, Sandi Clark, Wanda Geter, Carrie Hale, Keeli Hinesley, Samantha Lavender, Lora Mikkanen, Haylie Norton, Chattahoochee Valley Community ADN Students
- 12. Asthma in Children** – Ste'phanie Britt, Allison Hartley, Ashley Pangelinan, Krystyna Petermann, Brittany Sutton, Kassi Van Pelt, Ayanna Wilson, Chattahoochee Valley Community ADN Students
- 13. Metabolic Complications in Polycystic Ovary Syndrome** – Karen Vaughan, BSN, RN, Troy University MSN Student
- 14. Collaborative Testing as an Approach to Retention and Student Satisfaction in a Community College Nursing Program** – Lauren Cain, MSN, RN, EdD(c), Donna Bruce, MSN, RN, Jane Hopson, MSN, RN, CNE, & Christine Rains, MSN, RN
- 15. Former Nurse Faculty's Perceptions of Deans'/Directors' Leadership** – Shanda Bishop, PhD, MSN, RNC-OB
- 16. HPV Vaccination: What Nurses Need to Know** – Logan Jones, Shannon Prima, Whitney Matheny, Samford University, Ida V. Moffett School of Nursing Students
- 17. Diagnosis and Management of Amyotrophic Lateral Sclerosis** – Octavia Ingram, BSN, RN, Troy University MSN Student
- 18. Managing Vomiting: An Educational Video for Caregivers of Pediatric Emergency Department Patients** – Jennifer Childress, MSN, RN, CPEN, Lisa Maloney, MSN, RN, & Kathy Monroe, MD
- 19. An Exploration of Formal Mentoring Experiences of Junior Faculty in Associate Degree Nursing Programs** – Marsha Cannon, EdD, MSN, RN
- 20. Using Deliberate Practice in an Open Lab Setting to Enhance Nursing Skills and Physical Assessment with a Focus on At-Risk Students** – Amy Curtis, PhD, RN, Karol Renfroe, MSN, RN, & Meghan, Jones, MSN, RN, ACNPC-AG
- 21. Planning Vacation for a Child with Cystic Fibrosis** – Kendall Frawley & April Robinson, Samford University, Ida V. Moffett School of Nursing Students

POSTER SESSIONS CONTINUED

22. **Hospital Acquired Infections – Jordan Ames, Melanie Beckman, & Lauren Crouse,** Samford University, Ida V. Moffett School of Nursing Students
23. **Adventures in Disney: Planning Vacation for a Child Diagnosed with Celiac Disease – Alex Herring, Chenice McQueen, & Catherine Walker,** Samford University, Ida V. Moffett School of Nursing Students
24. **Managing Sickle Cell Anemia While Traveling – Katherine Hymel, Mujah Gaye, & Kendra Prince,** Samford University, Ida V. Moffett School of Nursing Students
25. **Ambassadors for Veterans of America (A⁴VA) – Amy Southern, MSN, RN, Kanini Z. Rodney, MPH, MBA, MD, FACP, & Durinda C. Warren, PhD, RN**
26. **Climate Control: Does Caring Really Matter? – Wendy DuBose, EdD, MSN, RN**

Contact Hours:

ANCC = 1.0 CH/session – 7.0 CH Possible (includes posters)
ABN = 1.2 CH/Session – 8.4 CH Possible (includes posters)

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Alabama Board of Nursing Provider Number ABNP0002 (valid until April 6, 2021).

Refunds: If cancellation is received in writing prior to April 10, 2018 a refund (minus a \$20.00 processing fee) will be given. After April 10, 2018, no refund will be given. ASNA reserves the right to cancel at any time. A full refund will be issued in this event.

Make check payable to: ASNA

Mail to: ASNA
360 N. Hull St. ~ Montgomery, AL 36104

Fax to: 334-262-8578

Online registration open until 11:59 PM, Apr. 10, 2018

Visit <https://alabamanurses.org>

If unable to register prior to 11:59 PM, Apr. 10, 2018, you may register at door. Please not that you will be charged a \$10 late fee.

*the optional lunch is available only until Apr. 10, 2018 – it is not available after Apr. 10, 2018 OR for at door registration.

Contact Information:

Name: _____

Credentials: _____

Organization: _____

Mailing Address: _____

Email: _____

Phone: _____

Fees if received by Apr. 10, 2018:

- \$55 ASNA Member
- \$75 Non Member
- \$25 Student/Student Presenter
- \$50 Presenter
- \$15 *Optional Lunch
- \$0 * Presenter Lunch
- \$0 ASNA Volunteer

Amount Enclosed: _____

Concurrent Session Choices circle only one per session

10:00 AM Session A

AANS A
CLINICAL 1A
CLINICAL 2A
GENERALA
OPIOIDS A
PEDIATRIC A

2:40 PM Session B

AANS B
ACADEMIA B
CLINICAL 1B
CLINICAL 2B
GENERAL B
OPIOIDS B
PEDIATRIC B
RESEARCH B

3:50 PM Session C

AANS C
ACADEMIA C
CLINICAL 1C
CLINICAL 2C
GENERAL C
OPIOID C
PEDIATRIC C

Poster exhibits available for viewing from 9:00 AM – 3:40 PM

See our website, <https://alabamanurses.org> for a list of local hotels/motels

Lunch Menu:

Steak, served medium well, baked potato, salad, rolls, desert and tea or water.

Credit Card Information:

Exp. Date: _____ CVV#: _____

Signature: _____