

Type of Medication (Purpose)	Medication Name
<p><b>Antiemetic</b> Prevents or treats nausea/vomiting</p> <p><b>Possible Side Effects</b> Headache, fatigue, diarrhea, dizziness</p>	<ul style="list-style-type: none"> <li>• metoclopramide (Reglan)</li> <li>• ondansetron (Zofran)</li> <li>• prochlorperazine (Compazine)</li> <li>• promethazine (Phenergan)</li> <li>• scopolamine (Transderm) patch</li> </ul> <p>Other _____</p>
<p><b>Antihistamine</b> Reduce or prevent allergic reactions, symptoms of a common cold, and used as a sleep aid</p> <p><b>Possible Side Effects</b> Dizziness, drowsiness, dry mouth, difficulty concentrating, balance problems, unusual dreams, confusion, constipation, change in appetite</p>	<ul style="list-style-type: none"> <li>• diphenhydramine (Benadryl)</li> <li>• hydroxyzine (Atarax/Vistaril)</li> </ul> <p>Other _____</p>
<p><b>Antihypertensive</b> Controls blood pressure/heart rate and improves heart function</p> <p><b>Possible Side Effects</b> Low blood pressure (lightheaded), fatigue, headache, slow or very fast heartbeat, dizziness, dry cough</p>	<ul style="list-style-type: none"> <li>• amlodipine (Norvasc)</li> <li>• carvedilol (Coreg)</li> <li>• diazepam (Valium)</li> <li>• labetalol (Normodyne)</li> <li>• lisinopril (Prinivil, Zestril)</li> <li>• metoprolol (Lopressor)</li> </ul> <p>Other _____</p>
<p><b>Antispasmodic/Muscle Relaxant</b> Relaxes muscles</p> <p><b>Possible Side Effects</b> Drowsiness, confusion, constipation, dry mouth</p>	<ul style="list-style-type: none"> <li>• carisoprodol (Soma)</li> <li>• cyclobenzaprine (Flexeril)</li> <li>• diazepam (Valium)</li> <li>• metaxalone (Skelaxin)</li> <li>• oxybutynin (Ditropan)</li> </ul> <p>Other _____</p>
<p><b>Blood Sugar Control</b> Prevents or treats high blood sugar</p> <p><b>Possible side effects</b> Low blood sugar, reaction at injection site, allergic reaction</p>	<ul style="list-style-type: none"> <li>• insulin (Novolog, Novolin-N, Novolin-R, Lantus)</li> <li>• glipizide (Glucotrol)</li> <li>• glyburide (Micronase, Diabeta)</li> <li>• metformin (Glucophage)</li> </ul> <p>Other _____</p>

Type of Medication (Purpose)	Medication Name
<p><b>Cholesterol Lowering*</b> Reduces fatty substances in blood</p> <p><b>Possible Side Effects</b> Gas, stomach upset, all-over muscle soreness, lack of energy</p>	<ul style="list-style-type: none"> <li>• atorvastatin (Lipitor)</li> <li>• rosuvastatin (Crestor)</li> <li>• simvastatin (Zocor)</li> </ul> <p>Other _____</p> <p>*avoid grapefruit and grapefruit juice</p>
<p><b>Corticosteroid</b> Used as an anti-inflammatory or an immunosuppressant medication to treat allergic disorders, skin conditions, arthritis, or breathing disorders</p> <p><b>Possible Side Effects</b> Sleep problems, mood changes, increased appetite, dry skin, thinning skin, headache, dizziness, nausea, stomach pain, bloating, changes in the shape or location of body fat (especially in your arms, legs, face, neck, breasts and waist)</p>	<ul style="list-style-type: none"> <li>• Prednisone</li> </ul> <p>Other _____</p>
<p><b>Diuretic</b> Removes excess fluid or “water pill”</p> <p><b>Possible Side Effects</b> Dizziness, dehydration, changes in body electrolytes, frequent urination</p>	<ul style="list-style-type: none"> <li>• bumetanide (Bumex)</li> <li>• furosemide (Lasix)</li> <li>• Hydrochlorothiazide (HCTZ)</li> <li>• spironolactone (Aldactone)</li> </ul> <p>Other _____</p>
<p><b>Gastric Acid Reduction</b> Prevents or treats heartburn</p> <p><b>Possible Side Effects</b> Constipation, gas, nausea, vomiting, headache, diarrhea, stomach ache</p>	<ul style="list-style-type: none"> <li>• famotide (Pepcid)</li> <li>• metoclopramide (Reglan)</li> <li>• omeprazole (Prilosec)</li> <li>• pantoprazole (Protonix)</li> <li>• ranitidine (Zantac)</li> </ul> <p>Other _____</p>

Type of Medication (Purpose)	Medication Name
<p><b>Laxative</b> Promotes bowel movements</p> <p><b>Possible Side Effects</b> Gas, nausea, vomiting, diarrhea, cramping, belching, skin irritation</p>	<ul style="list-style-type: none"> <li>• bisacodyl (Dulcolax)</li> <li>• docusate (Colace)</li> <li>• milk of magnesia (MOM)</li> <li>• polyethylene glycol electrolyte solution (Miralax)</li> <li>• senna (Senokot)</li> </ul> <p>Other _____</p>
<p><b>NSAID/Non-Steroidal Anti-Inflammatory Drug</b> Decrease inflammation and mild-moderate pain</p> <p><b>Possible Side Effects</b> Nausea, vomiting, stomach irritation, abdominal pain, diarrhea, constipation, change in appetite</p>	<ul style="list-style-type: none"> <li>• celecoxib (Celebrex)</li> <li>• ibuprofen (Advil, Motrin)</li> <li>• ketorolac (Toradol)</li> <li>• naproxen (Aleve)</li> </ul> <p>Other _____</p>
<p><b>Pain Relievers</b> Prevents or treats pain</p> <p><b>Possible Side Effects</b> Nausea, drowsiness, difficulty concentrating, fatigue, weakness, constipation, dry mouth, itching, decreased appetite, difficulty breathing, dizziness, difficulty urinating</p>	<ul style="list-style-type: none"> <li>• acetaminophen (Tylenol)</li> <li>• acetaminophen/codeine phosphate (Tylenol with Codeine #3)</li> <li>• fentanyl (Abstral, Actiq, Fentora)</li> <li>• hydrocodone/acetaminophen (Norco)</li> <li>• hydromorphone (Dilaudid)</li> <li>• morphine</li> <li>• oxycodone/acetaminophen (Percocet)</li> <li>• tapentadol (Nucynta)</li> <li>• tramadol (Ultram)</li> </ul> <p>Other _____</p>
<p><b>Sedative/Anti-Anxiety</b> Promotes relaxation and rest</p> <p><b>Possible Side Effects</b> Dizziness, lightheaded, drowsiness, blurred vision, low blood pressure</p>	<ul style="list-style-type: none"> <li>• alprazolam (Xanax)</li> <li>• trazodone (Desyrel)</li> </ul> <p>Other _____</p>
<p><b>Sleep Aid</b> Promotes sleep</p> <p><b>Possible Side Effects</b> Dizziness, drowsiness, dry mouth, difficulty concentrating, balance problems, unusual dreams, confusion, constipation, change in appetite</p>	<ul style="list-style-type: none"> <li>• eszopiclone (Lunesta)</li> <li>• zolpidem (Ambien)</li> <li>• temazepam (Restoril)</li> </ul> <p>Other: _____</p>
<p><b>Additional Type of Medication (Purpose)</b> _____</p> <p><b>Possible Side Effects</b> _____</p>	<ul style="list-style-type: none"> <li>• _____</li> <li>• _____</li> </ul>

YOUR LOGO HERE

NEW MEDICATION  
TEACHING GUIDE

This guide provides general information about types of new medications ordered for you, their purpose, and possible side effects. Let your healthcare provider know if you feel you are experiencing a possible side effect. If you would like more information about any of your medications, please let your healthcare provider know.

**Clinical Instruction: Circle or highlight the new medication, or write it in if not listed. Review purpose, medication name, and possible side effects with patient.**

<b>Type of Medication (Purpose)</b>	<b>Medication Name</b>
<b>Anti-arrhythmics</b> Prevent or treat abnormal heart rhythms  <b>Possible Side Effects</b> Headache, dizziness, lightheaded	<ul style="list-style-type: none"><li>• amiodarone (Cordarone)</li><li>• digoxin (Lanoxin)</li><li>• diltiazem (Cardizem, Tiazac)</li></ul> Other _____
<b>Antibiotic</b> Prevent or treat infection  <b>Possible Side Effects</b> Diarrhea, stomach upset, itching, rash, difficulty breathing, sudden swelling of skin, ringing in ears, dizziness	<ul style="list-style-type: none"><li>• amoxicillin/clavulanate (Augmentin)</li><li>• ciprofloxacin (Cipro)</li><li>• clindamycin (Cleocin)</li><li>• doxycycline (Vibramycin)</li><li>• gentamicin (Garamycin)</li><li>• levofloxacin (Levaquin)</li><li>• metronidazole (Flagyl)</li><li>• piperacillin/tazobactam (Zosyn)</li><li>• trimethoprim/sulfamethoxazole (Bactrim)</li><li>• vancomycin (Vancocin)</li></ul> Other _____
<b>Anticoagulant/Antiplatelet</b> Slows blood clot formation  <b>Possible Side Effects</b> Bruises, nosebleed, bleeding	<ul style="list-style-type: none"><li>• apixaban (Eliquis)</li><li>• aspirin</li><li>• clopidogrel (Plavix)</li><li>• dabigatran (Pradaxa)</li><li>• enoxaparin (Lovenox)</li><li>• fondaparinux (Arixtra)</li><li>• Heparin</li><li>• prasugrel (Effient)</li><li>• rivaroxaban (Xarelto)</li><li>• ticagrelor (Brilinta)</li><li>• warfarin – see additional handout (Coumadin)</li></ul> Other _____
<b>Antidepressants</b> Treats depression, mood disorders, and other conditions  <b>Possible Side Effects</b> Nausea, nervousness, agitation or restlessness, dizziness, drowsiness, insomnia, weight gain or loss, headache, dry mouth	<ul style="list-style-type: none"><li>• citalopram (Celexa)</li><li>• escitalopram (Lexapro)</li><li>• fluoxetine (Prozac)</li><li>• paroxetine (Paxil, Pexeva)</li><li>• sertraline (Zoloft)</li></ul> Other _____

